

5/7/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (firstname.lastname@fsd145.org).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

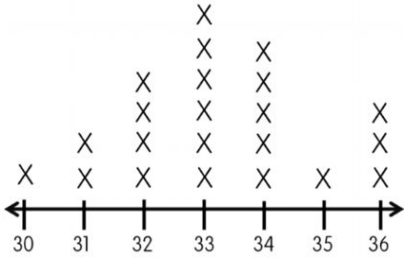
May 7	May 11	May 18	Social Emotional Learning (SEL)
May 8	May 12	May 19	Electives
	May 13	May 20	
	May 14		
	May 15		

3rd Grade			5/7/20 - 5/20/20
Theme(s)	ELA Skills Focus	Math Skills Focus	Other Skills Focus
Special People 5/7- 5/8	Compare/Contrast Cause/effect	Data and Measurement Multiplication/Division Fractions Elapsed Time	
Friendships 5/11-5/14	Character Traits	Area and Perimeter Addition and Subtraction with regrouping- estimating	
Memorial Day 5/18-5/20	Making Connections		

Remote Learning Activities for Students

3rd Grade -- May 7th

Parents: Choose two activities from each page each day.

	Math Data/Measurement	Reading and Writing Compare & Contrast Cause & Effect	Science/ Social Studies Celebrate Someone Special	Extra Challenge						
Activity 1 and Instructions	Each X is equal to 5 people. How many people grabbed pennies in all? Pennies Grabbed in One Hand  (3.MD.4)	Pick 2 animals that are opposites. The animals can be fast/slow, huge/tiny, or kind/ferocious. Find the similarities and differences. You can even make a Venn diagram. (RL3.9)	The 2nd Sunday in May we celebrate Mother's Day. Write a special letter to your mom thanking her for everything that she does. Try 8-10 detailed sentences, writing a poem, or creating a jingle.	May 7th is Space Day. Research one of the planets and write about this planet, or write about an adventure in space.						
Activity 2 and Instructions	Mrs. Norris has to buy the materials shown in the table below for each of her writing classes. How many of each item will she need to purchase if she teaches 5 classes? <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="padding: 5px;">notebooks</td> <td style="padding: 5px;">20</td> </tr> <tr> <td style="padding: 5px;">pencils</td> <td style="padding: 5px;">100</td> </tr> <tr> <td style="padding: 5px;">erasers</td> <td style="padding: 5px;">50</td> </tr> </table> (3.MD.3)	notebooks	20	pencils	100	erasers	50	List 2 possible causes and 2 possible effects for each statement listed. Scotch Tape was invented on May 27, 1930. The ice cream shop had a line out the door. Mom was sick on Mother's Day. (RI.3.8)	(3.W.1)	
notebooks	20									
pencils	100									
erasers	50									

Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.

Parent Signature: _____

Remote Learning Activities for Students

3rd Grade -- May 8th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>Label each number in the division problem. Where is the quotient, dividend, and divisor in the problem? What is the definition of these words?</p> <p>Example: $12 \div 2 = 6$ 12 is the dividend, 2 is the divisor, and 6 is the quotient.</p> <p>$24 \div 6 = 4$</p> <p>$36 \div 6 = 6$</p> <p>(CC.3.OA.6)</p>	<p>Here is an example of an acrostic poem:</p> <p>C - Cuddly A - Active T - Tenacious S - Sneaky</p> <p>Using the letters in a special woman's first name, create an acrostic poem for them. This could be your mom, grandma, aunt, teacher, or neighbor. (W.3.10)</p>	<p>(3-5-ETS1-3)</p> <p>Secret Messages: Dip your finger into a small bowl of lemon juice. Using your finger, write a secret message on white construction paper to someone special. Tell them how thankful you are for them. Once your message disappears, hold it up to the light to see it reappear!</p>	<p>Use as many art materials that you have around your house to make a card for someone special. Examples: Magazine clippings, paint, markers, crayons, beads, pasta.</p>
Activity 2 and Instructions	<p>If there are 60 seconds in one minute, how many seconds are in:</p> <p>3 minutes 5 minutes 10 minutes 4 minutes 1.5 minutes</p> <p>(3.NBT.A.3)</p>	<p>Write an effect for each of the following causes:</p> <ol style="list-style-type: none"> 1. Mom's car will not start. 2. It is a warm sunny day. 3. The box was very heavy. <p>Write a cause for each effect:</p> <ol style="list-style-type: none"> 1. I ordered a large tub of popcorn and a soda. 2. My sister blew out all of the candles except one. 3. Michael had a stomach ache after the ride. <p>(RI 3.3)</p>	<p>If you don't have lemon juice, try other liquids like water, vinegar, apple juice, soda pop, or milk.</p> <p>Which one worked the best? Which one didn't work at all?</p>	

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Remote Learning Activities for Students

3rd Grade -- May 11th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	Simplify the fractions: 2/4= 2/6= 3/3= 5/10= 6/8= 2/8= (3.NF)	Write a short story that includes a character that is clever. What other character traits might this character have? Share your story with a friend or family member. (W.3.3)	Today is the first day of Armed Forces Week. Talk to your family about what Armed Forces are and why they are important. See if you can answer the Who What Where and Why and How of what the Armed forces are. Has anyone served in the Armed Forces is your family. Find out about their life in the Armed Forces. SS.CV.1.3	Your Mission Create a public service announcement to teach others about what makes an ideal citizen. A public service announcement is a message created in order to change a group's behavior or way of thinking. SS.CV.4.3
Activity 2 and Instructions	Bake or cook something with a special person in your home. Determine if the fractions are closer to 0, 1/2, or 1. Discuss this with your special person. (3.NF)	Say you are reading a book where the main character is lost in the woods and needs to find his way home. What character traits would this character need to find his way home? Write 3 sentences and share with a friend or family member. (RF.3.9)		

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Remote Learning Activities for Students

3rd Grade -- May 12th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing: Character traits	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>Write down the amount of time that would elapse for these movie times:</p> <ol style="list-style-type: none"> 1. 4:35 to 6:20 2. 11:50 to 1:30 3. 3:40 to 6:05 4. 12:55 to 2:35 5. 7:45 to 9:20 6. 6:10 to 8:05 <p>(3.MD.1)</p>	<p>Read a fiction story of your choosing for twenty minutes. Then, write down three traits of any character in the book.</p> <p>(RF.3.9)</p>	<p>Go outside and observe the animals that you see in your yard. Make a list of the animals that you see and what they are doing. Do any of these animals form groups to help them survive?</p> <p>(3-LS2.1)</p>	<p>Friends are very important. Write a friendly letter to one of your friends. If you would like, draw a picture for them too.</p>
Activity 2 and Instructions	<p>Relate times to real life:</p> <p>Write down some things you would do in real life during these times:</p> <p>8:30 a.m. =</p> <p>1:30 p.m. =</p> <p>5:45 p.m. =</p> <p>9:00 p.m. =</p> <p>(3.MD.1)</p>	<p>Read a fiction story for twenty minutes. Write down two things that the protagonist and antagonist have in common.</p> <p><i>Protagonist: the main character, or "good guy" of the story</i></p> <p><i>Antagonist: the character that has conflict with the antagonist, or the "bad guy" of the story</i></p> <p>(RF.3.9)</p>	<p>(3-LS2.1)</p>	<p>(W.3.10)</p>

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Remote Learning Activities for Students

3rd Grade -- May 13th

Parents: Choose two activities from each page each day.

	Math Area	Reading and Writing Character Traits and timelines	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>Caesar is making a rectangular shaped pool in his backyard. He needs the area to be 400 square feet. What are his options for the lengths and widths of the pool. Find 3 different ways to make a 400 square foot pool.</p> <p>3.MD.6., 3.MD.8</p>	<p>Read a fiction book for 20 minutes. Pick a character and write down three character traits about them. Compare them to someone special in your life.</p> <p>RL 3.3</p>	<p>Make a poster that shares the importance of washing your hands for your classroom. Explain how this helps your school community stay healthy.</p> <p>SS.IS.8.3.3-5</p>	<p>Write a paragraph(5 sentences) to someone special in your life telling them why they are important to you.</p> <p>Remember to use a topic sentence, have three supporting details and a concluding sentence.</p>
Activity 2 and Instructions	<p>Sandbox #1 is 10 feet wide and 4 feet long. Sandbox #2 is 6 feet wide and 8 feet long. Compare and contrast the two sandboxes.</p> <p>3.MD.6, 3. MD.8</p>	<p>Read a fiction book for 20 minutes then make a timeline of the events in the story. Think about what happened in the beginning, middle and end of the story.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p style="font-size: small;">Story Timeline for _____</p> </div> <p>RL 3.3</p>		



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Remote Learning Activities for Students

3rd Grade -- May14th

Parents: Choose two activities from each page each day.

	Math (Rounding) Standard: 3.NBT.1	Reading and Writing Fiction (Character Traits) Standard: RL.3.3	Science/ Social Studies Standard: 3LS1.1	Extra Challenge Standard: W.3.10				
Activity 1 and Instructions	Round each number to the nearest 10. Using the numbers below, write each number in the correct column. <table border="1" style="margin: 10px auto; width: 80%; text-align: center;"> <tr> <td style="width: 50px; height: 30px;">60</td> <td style="width: 50px; height: 30px;">70</td> </tr> <tr> <td style="height: 100px;"></td> <td style="height: 100px;"></td> </tr> </table> 61, 57, 59, 64, 73, 55, 65, 71, 74, 69	60	70			The Rafting Trip Write a fiction story about the following characters and their traits who are rafting down the river. <ul style="list-style-type: none"> • Gavin is always trying to tip the raft • Miaunna is the leader of the group • Teigan is scared of falling in the water Include <ul style="list-style-type: none"> • When • Where • Problem • Solution 	The Flower Draw and label the parts of a flower and describe the purpose of each: <ul style="list-style-type: none"> • Petal • Soil • Stem • Seed • Roots • Flower <div style="text-align: center; margin-top: 20px;">  </div>	Cloud Watching Take a trip outside and notice the clouds. Watch them for 10 minutes and decide what they might look like. Write a list of the changes in the clouds in your journal. <div style="text-align: center; margin-top: 20px;">  </div>
60	70							
Activity 2 and Instructions	Round each number to the nearest 100. Using the numbers below, write each number in the correct column. <table border="1" style="margin: 10px auto; width: 80%; text-align: center;"> <tr> <td style="width: 50px; height: 30px;">200</td> <td style="width: 50px; height: 30px;">300</td> </tr> <tr> <td style="height: 100px;"></td> <td style="height: 100px;"></td> </tr> </table> 213, 225, 195, 285, 310, 324, 259, 201, 349, 173	200	300			A Change of Character Read a fiction story for 20 minutes. Choose 1 character and write down their traits. Next, tell how the story would change if the characters' traits were the opposite of the ones shown. Example: if a character was strong in the story. How would the story change if they were weak?		
200	300							

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Remote Learning Activities for Students

3rd Grade -- May 15th

Parents: Choose two activities from each page each day.

	Math Data/Measurement	Reading and Writing Character Traits	Science/ Social Studies Friendships	Extra Challenge						
Activity 1 and Instructions	<p>Place an X for each measurement on the line plot.</p> <p style="text-align: center;"> $5\frac{1}{2}$ $7\frac{1}{2}$ $5\frac{1}{2}$ 7 $6\frac{1}{2}$ 6 $5\frac{1}{2}$ $7\frac{1}{2}$ 6 $7\frac{1}{2}$ $5\frac{1}{2}$ 6 $7\frac{1}{2}$ 7 $5\frac{1}{2}$ </p> <div style="text-align: center;"> </div> <p>(3.MD.4)</p>	<p>Character Trait: Forgiving</p> <p>Jackie finds out that her best friend Jane stole her favorite pen from her locker.</p> <p>What does Jackie do and say to show that she is forgiving? Write your ideas and discuss them with a family member.</p> <p>(RL.3.6)</p>	<p>One way to make friends is to make the other person feel important.</p> <p>Think about someone you are friends with or would like to be friends with.</p> <p>How is that person important to you?</p> <p>What can you do to make that person feel important?</p> <p>(3.W.1)</p>	<p>May is the 5th month of the year. Make a list of things that come in sets of five.</p>						
Activity 2 and Instructions	<p>Mr Filch cleans the bathrooms at Hogwarts. He needs the following cleaning supplies to clean each of the bathrooms. How much of each cleaning supply would he need if he cleaned 7 bathrooms?</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <tbody> <tr> <td style="padding: 5px;">Windex</td> <td style="padding: 5px;">6 ounces</td> </tr> <tr> <td style="padding: 5px;">Paper towels</td> <td style="padding: 5px;">4 rolls</td> </tr> <tr> <td style="padding: 5px;">Toilet Bowl Cleaner</td> <td style="padding: 5px;">12 ounces</td> </tr> </tbody> </table> <p>(3.MD.3)</p>	Windex	6 ounces	Paper towels	4 rolls	Toilet Bowl Cleaner	12 ounces	<p>Character Trait: Talented</p> <p>Sophia has just learned how to play a few of her favorite songs on the guitar and the piano. She also just received the leading role in the Spring Play!</p> <p>What does this talented character do to prepare for these events? Write your ideas and discuss them with a family member.</p> <p>(RL.3.6)</p>		
Windex	6 ounces									
Paper towels	4 rolls									
Toilet Bowl Cleaner	12 ounces									

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Remote Learning Activities for Students

3rd Grade -- May 18th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>Determine if the following equations are True or False. Explain how you know.</p> <p>$4 \times 5 = 5 \times 4$ $2 \times 2 = 16 \div 4$ $3 \times 5 = 15 \div 3$ $(2 \times 5) \times 4 = 2 \times (5 \times 4)$ $(2 \times 4) \times 6 = 2 + (4 \times 6)$</p> <p>(3.OA.B.5)</p>	<p>Polly and Pat were fighting over a piece of pumpkin pie. All of a sudden the pie flew through the air. Uh oh! What happens next? Write about what you think happens next in the story? Explain why you think that will happen next in the story?</p> <p>(RL3.5)</p>	<p>Name two major events in the history of the United States. Write a couple sentences about how they affect our country today.</p> <p>(SS.H.2.3)</p>	<p>Make a drawing that represents Memorial Day. Some examples of this could be an American flag, or someone who has served our country.</p>
Activity 2 and Instructions	<p>Solve the following story problems:</p> <p>1. Sam was helping his mom plant a garden. They planted 7 rows of lettuce. Four of the rows had 11 lettuce plants. Three of the rows had 12 plants. How many lettuce plants did they plant in all?</p> <p>2. King School is holding a bake sale. Jose's mom donated 2 dozen chocolate chip cookies, and Jana's dad donated 3 dozen peanut butter cookies. The helpers took the cookies out of their bags and put them on plates. They put 10 on every plate. How many plates did they need?</p> <p>(3.OA.D.8)</p>	<p>Write a paragraph. "What does Memorial Day mean to you and your family?" Use proper punctuations, capitalizations, spelling, and grammar.</p> <p>(W. 3.2)</p>		

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Remote Learning Activities for Students

3rd Grade -- May 19th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>Find a container in your house. A trash can, a box, a big bowl, ect. Find something you can use as a ball to throw into the container. You have 10 chances to “make a basket.” Keep track of how many makes you get. Write your results in a fraction.</p> <p>Example, I made 5 out of 10 shots so my fraction is 5/10 or ½.</p> <p>(3.NF)</p>	<p>In honor of memorial day, think about gratitude you have for soldiers serving in the military.</p> <p>Write about 3 reasons you are thankful. Use details to support each reason.</p> <p>(W.3.2)</p>	<p>Memorial Day-Think of something nice you could do for someone who has served in the military. Write a note, make a picture, make a treat (brownies, cupcake, cookie), say thank you from an appropriate social distance. SEL1B.B</p>	<p>Create a song or poem about a national or local hero.</p> <p>This could be anyone you believe is someone who represents an ideal citizen and has helped many people.</p> <p>SS.CV.4.3</p>
Activity 2 and Instructions	<p>Find a large container and a measuring cup. Estimate how many cups it will take to fill the container. Next, fill the container keeping track of how many cups it takes to fill the container.</p> <p>(3.NF)</p>	<p>Read any story for 20 minutes and make 3 text-to-self connections. If you are stuck, think of the following questions.</p> <ul style="list-style-type: none"> ○ What does this story remind you of? ○ Can you relate to the characters in the story? ○ Does anything in this story remind you of anything in your own life? <p>(R.F.3.3)</p>		

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Remote Learning Activities for Students

3rd Grade -- May 20th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing: Making Connections	Science/ Social Studies	Extra Challenge
Activity 1 and Instructions	<p>Write down what time it will be 25 minutes later than the listed times:</p> <p>12:45 p.m. =</p> <p>7:10 p.m. =</p> <p>11:55 a.m. =</p> <p>9:50 p.m. =</p> <p>3:35 p.m. =</p> <p>(3.MD.1)</p>	<p>Read a story of your choosing for twenty minutes. As you are reading, stop and write down two things the story made you think about.</p> <p>(RF.3.3)</p>	<p>Go outside and observe the plants and trees that are sprouting/growing in your yard. Make a list of the plants you see and write down which ones are growing faster than other plants. Then draw a few pictures of these plants/trees. Write a caption under each picture explaining each plant..</p> <p>(3.LS3.2)</p>	<p>Draw a picture of your family.</p> <p>Compare the traits of your family members. Which traits do you have that are the same? Which did you and your siblings get from each parent?</p>
Activity 2 and Instructions	<p>Solve the story problems:</p> <p>You are supposed to leave the house at 9:15 a.m., but you are running 25 minutes late! At what time do you leave the house?</p> <p>You and your friend are going to dinner and the movies. You know the movie starts at 7:30 p.m. and it will take about 45 minutes to eat dinner at Fiesta Cancun! What time should you plan on meeting each other at the restaurant?</p> <p>(3.MD.1)</p>	<p>Read a story of your choosing for twenty minutes. Write two sentences of how this story reminds you of another book you have read before.</p> <p>(RF.3.3)</p>		<p>Example: Blue eyes from Mom</p> <p>(3.LS3.1)</p>

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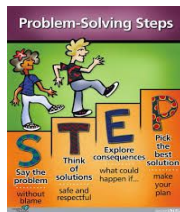
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Remote Learning Activities for Students

3rd Grade -- (SEL) Theme: Problem Solving/Conflict Resolution

The columns below offer choices for student activities for any day.

Social Emotional Learning Choice Board aligns with standards 2D.1a Identifies problems and conflicts and 2D.1b Applies problem solving steps to constructively resolve problems and conflicts.

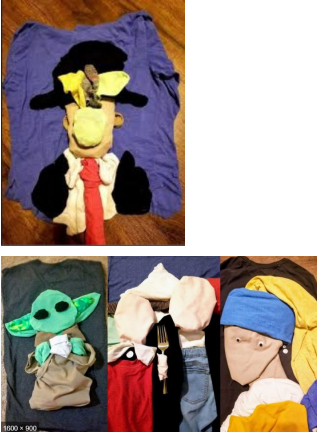


<p style="text-align: center;">Play a Game</p> <p>Playing games with peers/family involves learning to get along and figuring out rules together.</p> <div style="text-align: center;">  </div> <p>Talk about ways you figured out how to resolve a conflict.</p> <p>Write or draw about it.</p>	<p style="text-align: center;">Take these scenarios and brainstorm how you can solve them:</p> <ol style="list-style-type: none"> 1. My homework is not complete. 2. I didn't eat my breakfast. 3. I haven't brushed my teeth 4. My lunch isn't packed 5. My backpack is not ready. 	<p style="text-align: center;">WHAT SHOULD I SAY? WHAT SHOULDN'T I SAY?</p> <p>When you are having a conflict with a peer or family member, there are things you should and should not say. Make a chart like this one.</p> <div style="text-align: center;"> <table border="1" style="border-collapse: collapse; width: 150px; height: 100px;"> <tr> <td style="padding: 5px;">Things I should say:</td> <td style="padding: 5px;">Things I should not say:</td> </tr> <tr> <td style="padding: 5px;">Good job!</td> <td style="padding: 5px;">Ugh, you always win!</td> </tr> </table> </div>	Things I should say:	Things I should not say:	Good job!	Ugh, you always win!
Things I should say:	Things I should not say:					
Good job!	Ugh, you always win!					
<p>Sometimes asking for help can be a hard thing to do, but it is a skill we must all learn. When we have help we are more successful and get frustrated less. Use the following scenarios to practice asking for help in an assertive way. Look at the person you are talking to, sit/stand up straight, use a respectful, clear, and calm voice. The best and easiest time to ask for help is before you become frustrated.</p> <p>Example: You are having trouble finding your favorite shirt.</p> <p>Ask for help: Dad, can you please help me find my blue shirt with the dinosaur on it? I have looked in my dresser and under my bed and I cannot find it.</p> <p>Scenarios:</p> <ul style="list-style-type: none"> ★ You are not understanding a math assignment. ★ You need to clean your room, but the mess is overwhelming. ★ Your siblings keep bugging you even though you have asked them to stop. ★ You can't figure out how to play a game you really want to play. 	<p style="text-align: center;">SCALE THE PROBLEM</p> <p>When you have a problem, think to yourself, "How big is this problem?"</p> <p>Use self-talk. Is this a small, medium or big problem?</p> <p>Small Problem Will this even matter in an hour? Can I move on with my day? Can I ignore it?</p> <p>Medium Problem Do I need to talk to someone about this? Will I be unable to move on if this doesn't get resolved?</p> <p>Big Problem Is someone in danger? Have I tried multiple times to resolve this? Do I need to get an adult to help me?</p> <p>Think? How big is my problem? Can I handle it by myself, or do I need an adult to help me?</p> <p>Read the situations and scenarios already listed on this choice board. Sort them into the 3 areas; small, medium, and big problems.</p>	<p style="text-align: center;">THINK OF POSITIVE WAYS YOU CAN SOLVE THE FOLLOWING PROBLEMS.</p> <ul style="list-style-type: none"> ★ You bumped a family members workspace and their items fell on the floor. ★ When you were eating lunch your drink spilled all over a family member's things. ★ You pulled a book off of your bookshelf and a second book fell off of the shelf hitting a family member in the head. ★ You were trying to put a family member's artwork on the refrigerator and a corner of the paper tore. <div style="text-align: center;">  </div>				
<p style="text-align: center;">CONTROL OR NO CONTROL</p> <p>In life, there are things you can control and things you cannot control. You can control yourself, your thoughts, your feelings, and your actions.</p> <p>Some things you do not have control over right now are having to stay home, what you get to eat for dinner, and/or who you get to play with.</p> <p>Draw pictures or make a list of things you can control on one piece of paper and on another piece of paper draw pictures or make a list of the things you do not have control over.</p> <p>Discuss the things you can't control with someone and see if they can help you solve any problems you have on that paper. Then put the paper of things you can control on top of the other paper and put it somewhere you will see it. Focusing on what you can control will help you have a positive attitude and remind you of all of the wonderful things in your life.</p>	<p>When you are trying to solve a problem it is important for you to communicate in an assertive way. Look at the person you are talking to, sit/stand up straight, use a respectful, clear, and calm voice. Use the scenarios below to practice using assertive communication.</p> <p>Example: Your family member took your favorite book without asking and a page got ripped.</p> <p>Assertive Response: I am upset that you ripped a page in my favorite book. Next time, please ask if you can borrow my book before taking it and please take care of it while you are reading it.</p> <p>Scenarios:</p> <ul style="list-style-type: none"> ★ A family member has been watching tv for an hour and you would like a turn to watch a show you like. ★ You do not like what was made for supper. ★ Your sibling pushed you down on purpose. ★ A family member is being too loud of you to concentrate on your work. ★ A family member ate the last piece of your favorite candy. 	<p style="text-align: center;">It's OK to Fail</p> <p>Children need to know it is okay to fail. By having an open dialogue with your child, they will have more confidence in making decisions, making it ok to fail and to try again.</p> <div style="background-color: #ff0000; color: white; text-align: center; padding: 10px; font-weight: bold; font-size: 1.2em;"> HUDDLE UP QUESTION </div> <div style="background-color: #000000; color: white; padding: 10px; font-weight: bold; font-size: 1.2em;"> Huddle up with your kids and say, "Growing up, one of the biggest problems I had to solve was... I was able to solve it by..." </div> <p>Have a good conversation about this. Draw or write about what you discussed.</p>				

Parent Signature: _____

Remote Learning Activities for Students

3rd Grade -- (Electives)

The columns below offer choices for student activities for any day.

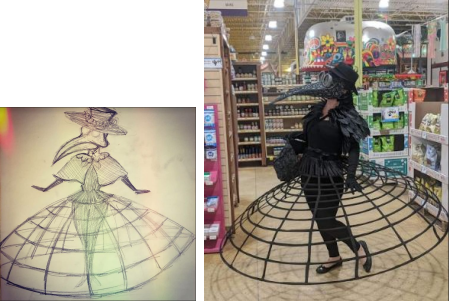

Art	Music	PE/Health
<p>Try to re-create a picture using your clothes. The clothes will be your color and you can fold, scrunch, and lay flat the laundry to help create texture in the painting. When you are done continue your practicing of crisp clean lines and folds by preparing them to be returned to their place in your closet or drawer.</p> <p>Examples:</p>  <p>Extension: see an example video on youtube: https://youtu.be/SUQCKv5Rb04</p> <p>VA:Cr1.1.3a; VA:Cr2.2.3a; VA:Cr2.3.3</p>	<p>Read this rhythm and clap or play it with a rhythmic instrument like sticks or shakers.</p>  <p>Now write your own rhythm using 4/4 time (4 beats per measure) using any of the above notes.</p> <p>(MU:Pr.4.1c)</p>	<p>Activity: Set a health-related fitness goal (20.C.2a)</p> <p>During these times of quarantine and lock down, it is all too easy to fall into a routine of inactivity. The purpose of this activity is for your child to set a realistic health related fitness goal and work towards achieving that goal. The process of choosing a goal might take some time so try to help your child identify something that the lockdown has made more difficult for them. A health related fitness goal can target any of the health related fitness components (Cardiovascular, muscular strength, muscular endurance, or flexibility) Once your child has chosen a goal, they should choose a timeframe they want to complete the goal in.</p> <p>Example: I want to start doing 30 crunches a day at home for every day for two weeks to improve my muscular endurance.</p> <p>Allow your child to be creative when setting up their goal. The goal has to be something they want to do/something they think is important.</p>
<p>Create a word that represents your what you think about this school year, using objects around the house or outside.</p>  <p>VA:Cr1.1.3a; VA:Cr1.2.3a</p>	<p>Write a short rap or song on a topic that interests you. (video games, sports, toys, weather, art, etc.) Try to make it rhyme as most raps/songs do. Perform for someone and have fun!</p> <p>Here's my example-</p> <p>I like to be outside. It is really great. It's nice that it doesn't get dark until late. I play some catch and lay around. That's all I can do 'cause I am homebound.</p> <p>(MU:Cr.1.1) (MU:Pr.6.1b)</p>	<p>Finding Balance: Balance is an even distribution of weight enabling someone or something to remain upright and steady.</p> <p>Find a few long objects like sticks, broom/mop handle, pen or pencil, baseball bat... try and balance these objects on your finger or hand. Which object is the easiest to balance? How long can you balance each object for? Can you balance one object in each hand? Which hand is easier? Can you balance an object in one hand longer than the other? Can you balance on one foot and balance an object in your hand? State Goal 19</p>
<p>Create a color wheel using objects in your house. The color wheel is in the same order as the rainbow but in a circular fashion. Draw a normal color wheel after you are done using triangles inside a circle (if you are able a paper plate works well). If you don't have colors to color in just write the name of the color in each triangle.</p> <p>Challenge: make the color wheel unique.</p> <p>Challenge 2: Write the names in Spanish.</p> <p>Example color wheels:</p> <p>Example found object color wheel:</p>  <p>VA:Cr1.1.3a; VA:Cr2.2.3a</p>	<p>Play a game from music class. (Limbo, freeze dance, animal freeze, silent ball, Lucy Locket) These will require at least one more person to play.</p> <p>(MU:Re.7.1b)</p> <p>If you have electronic access, you'll enjoy experimenting on these links:</p> <p>http://sfskids.org/ https://www.classicsforkids.com/ https://musiclab.chromeexperiments.com/ http://www.themusicinteractive.com/kbe/Chromebook/index.html</p>	<p>It's Race Day!</p> <p>Time to work on your running skills. Pick a starting point and a finish line. If you're able to, time yourself from start to finish. If you don't have a timer available, count in your head. Race as many times as you can. What do you think will happen to your body the more times you run?</p> <p>Other ways to do this:</p> <ul style="list-style-type: none"> - choose different distances - race against another family member - if enough family members, turn it into a relay. <p>State Goal 20</p>

Parent Signature: _____

Remote Learning Activities for Students

3rd Grade -- (Electives)

The columns below offer choices for student activities for any day.

Art	Music	PE/Health
<p>Draw a costume design that incorporates a mask. Challenge: Include a feature that allows for social or physical distancing.</p> <p>Example:</p>  <p>VA:Cr2.1.3a; VA:Cr2.2.3a; VA:Cr3.1.3a</p>	<p>Think up some very good questions to ask your family about their favorite songs/music. Why do they like the music they listen to? Have they ever played an instrument? Interview them and find out more!</p> <p>(MU:Cn.10.1)</p>	<p>Brushing Teeth Checklist State Goal 22</p> <ol style="list-style-type: none"> 1.Wet toothbrush 2.Squeeze toothpaste onto toothbrush 3.Brush your teeth 4.Spit the toothpaste into the sink 5.Rinse toothbrush and your brush 6.Smile <p>Design your own checklist to help you remember your brushing teeth checklist.</p> <p>What happens to your teeth when you don't brush them?</p> <p>Don't forget to brush at least two times a day, for two minutes each time.</p>
<p>Cut out a few faces from a picture in a newspaper, magazine, or old photograph (with adult permission). Glue the person or animal face onto a paper (tape it or place it if glue is not available). Then draw different animal bodies below each face.</p>  <p>VA:Cr2.1.3a; VA:Cr2.2.3a; VA:Cr3.1.3a</p>	<p>Spell out these treble clef words by using the lines and space letters. Lines=E G B D F (Empty Garbage Before Dad Flips) Spaces= F A C E (MU:Pr.4.1c)</p> 	<p>Skittles Workout, you will need a regular size bag of skittles. Take one skittle out of the bag at a time and perform the exercise and repetitions listed below for the color! Red: 5 pushups Orange: 8 Sit-ups Yellow: 10 Squats Green: 15 Jumping Jacks Purple: Run 1 Lap. Figure out where you're running to before you start, some examples for distances to run are: Run across your yard, around the kitchen table, to a street sign and back....How fast can you get through the whole bag of skittles! MAKE SURE YOU ARE NOT CHEWING SKITTLES WHILE PERFORMING THE EXERCISES**If you do not have skittles make your own by coloring red, orange, yellow, green, and purple dots or circles on a piece of paper. Now tear those dots/circles into their own piece of paper. Be sure to make enough of each color. State Goal 19</p>
<p>Keith Haring is a famous artist. He is known for his outlines of people in motion and hearts. Create a drawing of a stamp that includes at least one outline of a person and a heart.</p>  <p>VA:Cr2.2.3a</p>	<p>Go on a sound walk outside. Try to pick out any sound that could be considered musical-birds singing, cars rumbling past, the wind whistling through the Trees. Find the beauty of nature's music. (MU:Cn.11.1) If you have electronic access, you'll enjoy experimenting on these links: http://sfskids.org/ https://www.classicsforkids.com/ https://musiclab.chromeexperiments.com/ http://www.themusicinteractive.com/kbe/Chromebook/index.html</p>	<p>Activity: All About Muscular Strength (20.A.1b) Muscular strength is a health related fitness concept that we practice at school during P.E. Muscular strength is your ability to push, pull, and lift heavy objects! We practice muscular strength by performing Push-Up Holds. Can you perform a Push-Up Hold for 30 seconds? We work on muscular strength because it is super helpful for a lot of different jobs and activities outside of school, such as Construction workers or nurses. Besides doing Push-Up Holds, what other exercises can you think of that would increase our muscular strength? Can you try them at home? What other jobs can you think of that would require lots of muscular strength?</p>

Parent Signature: _____